

UNITE
FOR
GOOD

Rotary
District 3141



LET'S
INSPIRE

AASHAYEIN

3rd week January 2026

ROTARY CLUB OF MUMBAI SHER- E- PUNJAB

WEEKLY NEWSLETTER

VOLUME 28

3RD WEEK JANUARY 2026

VOCATIONAL SERVICE MONTH

ROTARY REFLECTIONS:
VOICES OF THE WHEEL



Rotary
Club of Mumbai
Sher-e-Punjab

Where the Heart Found Its Calling



Rtn. Surjit Ahluwalia

There comes a stage in life when achievements and routines no longer feel fulfilling, and the heart quietly begins to seek deeper meaning. For me, that sense of purpose revealed itself when I chose to join Rotary. I have always believed that serving those in need holds a special power—it uplifts not only their lives but also the soul of the one who serves. Every small act of kindness, every effort to ease another's burden, fills me with a profound sense of positivity and purpose. Helping others has a remarkable way of dissolving one's own worries and replacing them with gratitude and inner peace.

Rotary gave me a platform where service is not an occasional gesture, but a way of life. Through its projects and its people, I discovered a calm and lasting contentment. It reaffirmed my belief that life is not measured by what we accumulate, but by what we give—quietly, sincerely, and consistently.

What touches my heart most is the love we receive in return from the underprivileged. Their smiles, blessings, and genuine gratitude are priceless. Often, they give back far more than we offer—through their warmth, resilience, and unwavering faith in humanity. These moments remain with me long after the service is complete.

Joining Rotary has enriched my life in ways I never imagined. It has taught me that service is the purest form of joy, and that when we serve selflessly, we receive abundantly—in spirit, in peace, and in love. This journey has also taught me to slow down, listen more deeply, and see life through the lens of compassion, reminding me each day that true fulfillment lies in touching lives with kindness and purpose.

District Governor: Rtn. Manish Motwani
Club Treasurer: Rtn. Naresh Khatri

Club President: Rtn. Minishaa I Oberoi
Club Secretary: Rtn. Jotinder S Ahluwalia

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BASIC EDUCATION & LITERACY ENVIRONMENT

E-WASTE AWARENESS SPEAKER SESSION AT TOLANI COLLEGE OF COMMERCE

RCMSEP in association with Tolani College of Commerce (Autonomous), Andheri East, conducted an engaging E-Waste Awareness Speaker Session for Class 11 students, led by Rtn. Jotinder Singh Ahluwalia, highlighting the environmental and health impacts of improper e-waste disposal and the importance of authorised recycling. The highly interactive session concluded with a lively “Kaun Banega Green Warrior” Q&A, successfully inspiring young minds to adopt responsible electronic consumption and disposal practice.



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CLUB SERVICE CLUB MEETING & FIESIDE

FELLOWSHIP, MILESTONES & MEMORIES

RCMSEP conducted a BOD Meeting followed by a Club Meeting and a warm Fireside Meet, culminating in a celebration marked by togetherness and fellowship. Heartfelt thanks to Shankar Ji and Geetha Ji for graciously hosting the evening, celebrating their milestone birthdays and 50th wedding anniversary, with special appreciation to Jasbir for the engaging games and to all members and guests whose presence made the evening truly memorable.



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CLUB SERVICE

CELEBRATING EXCELLENCE: VIBRANT YEAR 2024-25

RCMSEP earned 13 prestigious recognitions at the District Awards held at NSCI on 18th January 2026 and proudly stood among the Top-7 clubs across the Mumbai District for maximum awards during the Vibrant Year 2024-25. These trophies, Platinum and Gold recognitions truly belong to our incredible members, partners and supporters and we are deeply grateful to every RCMSEP member for walking together on this vibrant journey of service. 🙏



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UPCOMING EVENTS

26th Jan

27th Jan

23rd Jan

24th Jan

26th Jan

27th Jan

7th Feb


21st / 22nd Feb

AASHAYEIN Vaastu Corner

By Rtn. Arun Bhoocher

(Under Guidance of Nilesh N Shah)

**DIRECTIONAL VASTU
DEITIES, IDEAL COLOURS, DOS & DON'TS**






SOUTH-WEST (Nairutya Corner)




DEITY: NIRRTI / NAIRITI ♦ ELEMENT: EARTH

AUSPICIOUS COLOURS:
Earth tones – Beige, Brown, Mustard, Dull Yellow

BEST SUITED FOR:

-  Master Bedroom
-  Heavy Cupboards
-  Safe / Locker

AVOID PLACING:

-  Main Entrance at this Corner
-  Toilet Directly in the South-West if it can be Avoided.
-  Excessive Windows or Voids as This Can Represent Instability
-  Very Light, "Floating" Colours if This Is Meant to Be an Anchor Wall

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 The Happy Wheel - Fun Corner

UNSCRAMBLE THE COUNTRY

1

SODINEAN

2

MOLOBICA

3

NAMTOVEI

4

ROCOOMR

5

KOUHRO TASE

6

TYPGE

7

IPNPEHSLIP

Flavours of Fellowship

1-Minute Chocolate Mug Cake (Super Easy)

Ingredients (for 1 mug):

- 4 tbsp all-purpose flour
- 2 tbsp sugar
- 2 tbsp cocoa powder
- 1/8 tsp baking powder
- Pinch of salt
- 3 tbsp milk
- 2 tbsp oil (or melted butter)
- 1/4 tsp vanilla essence
- Optional: chocolate chips / nuts



Method:

1. Take a microwave-safe mug.
2. Add all dry ingredients and mix well.
3. Add milk, oil, and vanilla. Mix till smooth (no lumps).
4. Microwave on HIGH for 60–70 seconds.
5. Let it rest for 30 seconds. Enjoy warm! 😊

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🍰 1-Minute Chocolate Mug Cake (Super Easy)



Recipe by :
Rtn. Simi Ahluwalia

🍰 **Fun Fact:**

***The mug cake became popular because of boredom! 😊
It went viral during late-night cravings and college hostel life when people wanted instant cake without baking skills, ovens, or patience – and boom ✨ 1 minute + 1 mug = cake happiness!***

Get your recipe featured in next Aashyein Weekly Magazine!

Contact Rtn. Seema Bhoocher

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The Happy Wheel - Fun Corner

ANSWERS

UNSCRAMBLE THE COUNTRY

1

GIMBLEU

BELGIUM

2

NAMVIET

VIETNAM

3

EDNEWS

SWEDEN

4

YITALI

ITALY

5

AISUSR

RUSSIA

6

YAWRON

NORWAY

7

LODNAP

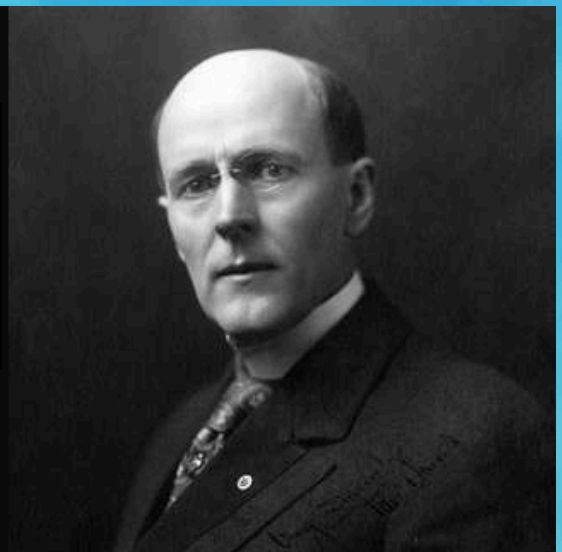
POLAND

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Quote of the Week

May Rotarians continue to be ambassadors of goodwill to high and low, rich and poor, to all races, to the devotees of all religious faiths and to members of all political parties, purveyors of tolerance, forbearance, justice, kindness, neighborliness, and friendliness to the inhabitants of this snug little world, the best little world of which we know.

Paul Harris
Rotary Founder



Thank you for being a Rotarian

Aashayein Editorial Board

Rtn. Minishaa I Oberoi

Rtn. Seema Bhoocher

Rtn. Jotinder S Ahluwalia

Rtn. Aarti Jadhav

Rtn. Jasjit Bhatia

Rtn. Jasbeer Nagi